

schönste Sport – Eiskunstlauf – ice-academy Europameisterin 1990 * Evelyn Klaudt * lizenzierte Eiskunstlauftrainerin

Invitation to the Adult Camp November 15-19 in Oberstdorf for 150 EUR per day

Patch registration = Camp registration

-> please send the registration to camp@ice-academy.de

What you can look forward during the camp days:

5 x ice	each 50 min	technique training in small groups
5 x ice	each 50 min	free training (coaches are available for questions,
		and tips)
5 x ice	each 50 min	skating skills, performance, transitions, interpretation,
		composition
5 x office	each 50 min	off ice (dance, athletics, yoga, cooldown)

Saturday 1 double lesson Mental strength with Clemens Maria Mohr Mental coach of our Olympic champions Aljona Savchenko and Bruno Massot

Monday show event (please bring your costumes)

Those who wish have the opportunity to present their program in costume. In the form of a small show event, everyone has the ice rink to themselves. If there is no program, you are welcome to improvise.

Mobil: Mail: Homepage: +49 160 - 94482187 camp@ice-academy.de www.ice-academy.de



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The camp price includes training, all coaches and the rent for the rooms.

The invoice for the camp will be handed out at the start of the camp.

The ice fee (patch) is additional and must be paid directly at the sports facilities.

Please take care of your own accommodation and meals.

Patch registration: 3 x ice per day

Additionally you can book private lessons of 50 minutes each for 80 EUR.

Please include the private lessons in your patch registration.

They will be allocated at the start of the camp according to the availability of our coaches.

Registration deadline: August 30, 2024

Cancellation fee: 100% from November 01, 2024

By participating in the camp, the skaters agree to photos and video recordings, and their publication.

Every skater skates at his/her own risk. In case of cancellation due to illness or injury during the camp there will be no refund.

Subject to changes

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